

## **Nonnie Hood Parent Resource Center January 2008 Calendar Clues**

**January 15 - 7:00 pm**

**“Imagine:**

**How breastfeeding affects our lives”**

Are you currently breastfeeding or expecting a new baby? This is an opportunity for you to discuss your questions and concerns about breastfeeding with accredited La Leche League Leaders. This evening meeting will allow working parents to grab a bite to eat, or bring a bag supper with you to enjoy while being a part of the discussion. Your toddler, preschooler, or young schoolager can play while you take time to relax and get answers to questions.

**Note: New time 7 to 9 pm**

**January 17 - 6:00 pm**

**“Music and Creative Movement”**

Parents, grandparents, caregivers are invited to bring the young child in their life to this special fun activity to enjoy together. This opportunity lets the baby, toddler, preschooler and young schoolager to enjoy music and movement together with you. Thank you to Jeanette Kuehner for sharing her skills as an early childhood educator and teacher of music for young children. \$2.50 per family or free to families with Friends' Pass.

**January 22 - 4:00 pm**

**“Meet and Greet”**

**Cornell Cooperative Extension and  
Family Nutrition**

Come to the PRC and meet Nutrition Educator Lea from Steuben County Cornell Cooperative Extension (CCE). Learn about the resources available to you as you strive for healthy eating with your family.

**January 22 - 6:00 pm**

**January 23 - 11:00 am**

**Parent Advisory Group**

Parents and adults who bring children to play at the center are invited to this Parent Advisory Group meeting. Learn about the center's finances and program. Learn how you can be involved to make the center successful and a continued program here in the Corning area. Share ideas and ask questions. Special thanks to those who take the time to be a part of this group. **NOTE: The same material is covered at each time, select the time that works the best for you. You only need to attend one meeting time.**

**January 24 - 5:30 am**

**“Changing Bodies, Growing Girls”**

This program is great for 4th and 5th graders, but good information for all ages. Learn how the body changes and the cycles our bodies go through when changing from young girls to teens and adults. This program is space limited. **Note: This class is full. The program will be offered again in March.**

**January 25 - 10:30 am**

**Small Group English  
Conversation Class**

This class is open to any adult who has young children and is learning English as a second language. The class takes place right in the play space, so your child can play while you meet other parents who want to learn and practice their English. PRC staff are on hand to play with the children while you meet BOCES teacher Carol Howard and learn about the class. Come and find out more about this class

**January 30 - 10:00 am**

**“Watching Birds From My Window”**

Backyard birdwatching or looking for birds as you travel is fun for the whole family. Learn about the outdoors by watching and feeding birds. Bill Ostrander, Chemung Valley Audubon Society, brings binoculars and will help you and your child look for and identify birds outside the PRC window. Enjoy this science activity and learn how you can extend it to your home.

**January 31 - 10:30 am**

**“Loving & Caring For Babies  
And Young Toddlers”**

Are you the new parent of a baby? Do you have an infant or a young toddler? Maybe you are expecting a new baby soon. Visit the PRC today with your baby or toddler and meet other parents with babies or toddlers. PRC parent Jenn Hepinger, mom of a toddler and nursing student, helps to lead this informal discussion on caring for babies and young toddlers. Ask questions, share ideas, and meet other parents with new babies.

**February 1 - 10:30 pm**

**“Mary Kay Facial”**

Pamper yourself while the children play at the PRC. Amy Cole, Mary Kay Beauty Consultant and PRC parent, shows moms, grandmothers, caregivers how to take care of your skin. She will have on hand some of the skin products that are available through Mary Kay.

All programs are open to the public and are held at the Nonnie Hood Parent & Family Resource Center.



# Nonnie Hood Parent and Family Resource Center

300 Civic Center Plaza  
 Corning, NY 14830  
 607-936-3837  
 www.nonniehoodprc.org

January 2008

Public Hours: Wed/Fri. - 9 am to 1 pm

Tues/Thurs.— 10—11:30 am, 3—8 pm Sat: 10 am—1 pm

Friends Time: Wed/Fri.—8:30 am—4:30

Tues/Thurs— 8:30 am—8:00 pm

Sat: 10 am—4:30 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	<div style="border: 2px solid black; padding: 5px; text-align: center;">           2            THE PRC IS GOING PEANUT FREE.            PLEASE BRING FOOD ITEMS            THAT ARE PEANUT FREE.         </div>	3	4	5
6 Week's Craft: Fun with Wood Sensory Table: Water Play	7 <b>PRC Closed Every Monday thru April 7.</b>	8 11:00 am PartyLite Program	9	10	11	12 <b>PRC CLOSED Private Party 1 to 3:30 pm</b>
13 Week's Craft: Snowmen Sensory Table: Packaging Peanuts	14 <b>PRC Closed Every Monday Thru April 7</b>	15 7:00 pm "Imagine: How breastfeeding affects our lives"	16 	17 6:00 pm "Music and Creative Movement"	18	19 <b>PRC CLOSED Private Party 1 to 3:30 pm</b>
20 Week's Craft: Winter Art Sensory Table: Pasta, Pasta, Pasta	21 <b>PRC Closed Every Monday</b> ----- 10:30 am Parents of Multiples	22 4:00 pm Meet & Greet CCE "Family Nutrition" ----- 6:00 pm Parent Advisory Mtg	23	24 5:30 pm "Changing Bodies, Growing Girls"	25 10:30 am Small Group English Conversation Class	26 <b>PRC CLOSED Private Party 1 to 3:30 pm</b>
27 Week's Craft: Making binoculars Sensory Table: Bird Seed	28 <b>PRC Closed Every Monday Thru April 7</b>	29 	30 10:00 am "Watching Birds From My Window"	31 10:30 am Loving & Caring for Babies and Young Toddlers	Feb. 1 10:30 am Mary Kay Facial	February 2 <b>PRC CLOSED Private Party 1 to 3:30 pm</b>

## 2008's Gonna Be Great!!

**Here is a sneak peek at some of the special events we have in the works for the new year! Supporting these will help us reach our fundraising goals for 2008!**



**February– Kids' Night In (bring your child(ren) to the PRC for a few hours of fun with supervision provided by the staff and volunteers of the PRC) and Girls' Night Out (an opportunity for ladies to get together, watch a chick flick, eat some hors d's, and have an adult beverage, all while helping to support the PRC)**

**March– Flower Power flower sale (buy your spring planting bulbs at the PRC) and Family Movie Night at the PRC**

**April– Family Dinner and Dance (more to come on this)**

**May– Magic Show (more to come) and Kids' Night In**

**June– Guys' Night Out (much like the Girls', but with a more masculine flair)**

**August– Starry, Starry Night (to be held on August 22nd, 2008, our major annual fundraiser)**

**October- Family Movie Night**

**November– Magic Show and Kids' Night In**

**December– Kids' Night In**

## Growing Years:

### Providing Children with Nature Experiences

Children learn and benefit from experiences with nature. Some of the learning that takes place includes:

- Stimulate children to adventure into the unknown
- Develop their senses
- Sharpen their powers of observation
- Improve their speech
- Grow their vocabulary
- Learn scientific information and concepts
- Expand their aesthetic appreciation
- Experiment and discover

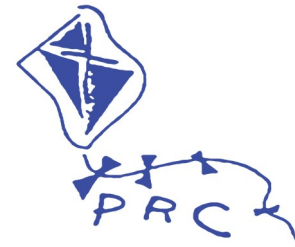
Be a partner with your child in taking time to stop, look, and listen as you explore nature. Talk with your child about his or her observations and assist them in making discoveries. Provide opportunities for your child to touch, smell, listen and observe what is happening when you take a walk outdoors. Make sure you know when not to touch something that is unsafe and instruct your child about this. Bring the outdoors in and try some simple science projects where you and your child can watch for changes in nature, such as putting snow in a dish and bringing it indoors. Perhaps you and your child will enjoy making a collection of rocks, pebbles, seeds, leaves, etc. Use some easy identification guides and help your child identify them and label them. Above all, keep the nature experiences enjoyable for you and your child. Make it a fun activity to strengthen your relationship and create a special time for you and your child.

Source: [Nature Activities for Early Childhood](#) by Janet Nickelsburg This book is available in our lending library and contains nature activities that you and do with your child.

For more ideas;

Visit the PRC on January 30 from 10 am to 12 noon for "Watching Birds From My Window" with the Chemung Valley Audubon Society. Handouts and materials will be available.

# Nonnie Hood Parent And Family Resource Center



a great place to  
grow your family



**January 2008**  
Calendar and Newsletter